

UCC Outdoor Ministries Association
Green Hours

Service/Idea	Instruction/Description	Equivalent Hours
Pick up litter	Spend 1 hour at a city park, school or church picking up litter. Invite friends to join you. 1 hour per person.	1 hr/ person
Recycle paper	Junk mail, school papers, scrap notes, etc. 1 hour per week.	1 hr/wk
Ride a bike or walk	If going somewhere and the distance is than 1 or 2 miles, ride a bike or walk. Log actual time walking.	Log actual walking/biking time
Bicycle/walk	Bicycle or walk to a destination at least 2 times per week.	Log walking/ biking time
No electricity meals	Plan no electricity meals. Sandwiches, salads, carrot sticks, etc. 1 hour per meal.	1 hr/meal
Go outside	At least once a week, turn off TV and video games, go outside and enjoy nature. Invite friends to join you for 1 hour.	1 hour
Garden	Plan/plant/expand your organic garden or porch herb garden.	10 hour
Garden	Expand your garden to include a songbird or butterfly garden.	8 hour
Garden	Build your garden on a hill where we are fighting erosion and run off issues. It's a two fer!	20 hours
Composting toilet	Increase frequency of use (1x day x 50 days for example).	15 min/day
Laundry	Wash all laundry in cold water for 50 days.	1 hour/day
Compost	Begin composting kitchen waste earlier in season, April 1st vs. throwing in garbage.	1 hour/day
Compost	Research bear proof composting ideas and equipment.	4/hours
Garden	Add mulch to garden and other planted areas to retain water.	3 hours
Toilet training	Toilet train all toddlers on site to save disposable diapers from being added to landfills.	2 hours/day
Stewardship	Plan multi-generational earth stewardship event during the 4/1 Earth time frame.	4 hours/event
Planting	Research native plants for planting on camp property with an eye towards beauty, functionality, and erosion control.	4 hours

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	Commit to low/no prepackaged items at least 1-2 days/week such as prepackaged creamers, individual drinks/water bottles, individual chip bags, etc. Better yet, do this whenever possible.	
No prepackaged Laundry	Use a clothesline whenever possible.	1 hour/day
	Place a paper towel roll in the center of dining table instead of paper napkins. People tend to be more conscious of tearing of one paper towel versus picking up a stack of napkins, especially if they are walking through a line.	1 hr/meal per person
Paper towels		
	Embroider an initial on cloth napkins. This way they can be reused by the same person a few times before they are washed.	1 hr/meal per person
Cloth napkins		
	Consider upgrading flourescent lamps and ballasts to t-8 lamps and electronic ballasts which will reduce power consumption by 19% while yielding 25-30% increased light.	6 hours/day
Lighting		
	Use dimmers for incandescent lighting, and always dim a little, which decreases energy use and increases lamp life.	6 hours/day
Lighting		
Garden	Fix and prepare a garden	50 hours/total
Advocacy	Write 100 advocacy letters	1000 hours
	Collect used printer cartiridges to send in to be recycled	2 hours
Electronic		
	Collect old batteries to be recycled rather than trashed	2 hours
Electronic		
	Recycle your old computers/printers/monitors	4 hours
Electronic		
	Organize a neighborhood electroics recycling event	40 hours
Electronic		
	If using the computer do not use the tv and radio	1 hr/day
Electricity		
	Teach others to use only 1 electronic device. If using tablet use it for music and activity not activity and MP3 player, etc.	1 hr/day
Electricity		

Here are some Green Hours that are Camp/Center Specific

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Recycle	Recycle our Shoreline Restoration fencing to build deer exclosures in the middle of the forest. This will allow fresh plantings a new growth to thrive naturally without our deer eating them before they start.	10/hr
Wildlife	Add wildlife telescopes on designated platforms to keep guests from trampling the new growth AND allow them to see the beautiful natural offerings.	1/hr/day
Trees	Sponsor a tree planting crew in the National Forest as a day trip. Educational AND functional.	10/event
Composting	Work with United Camps, Conferences and Retreats (UCCR) and SCNC-UCC Camp maintenance with regards to composting.	1/hr/day
Summer Camp	Add a positive action (e.g. do something) component to the Summer Camp curriculum for all weeks.	1/hr/activity
Summer Camp	Work to make the trail to the chapel easier for those with mobility issues	10 hours
Summer Camp	Brainstorm ways to make Horton Center greener this summer	20 hours
Summer Camp	Brainstorm ways to make Pilgrim Lodgegreener this summer	20 hours

Stay connected with your Outdoor Ministries Association Year Round.

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