

The 80 million Baby Boomers  
beginning to reach their 60s  
are reshaping retirement.

## How are *your* retirement plans shaping up?



That's why EASE@Work is pleased to introduce our newest service:

### Retirement Coaching

Your retirement is going to be nothing like your parents' or grandparents' retirement years. Recent retirees are more active than ever before in history, and it's clear that people want more from life after retirement than the rocking chair. But there are key things you need to know about and plan for before you retire—things you may not have thought about.

Let our Retirement Coach help as you approach retirement by addressing issues such as:

- How will your relationships change after retirement? How will you connect socially with former co-workers, friends, family—and your spouse/partner?
- Why is health and wellness more important than ever?
- How do you plan for extended financial health, once the regular paycheck stops coming in?
- Explore whether a second career is right for you—or how to become a volunteer doing something meaningful to you.
- What happens to your health care, 401K, or work-sponsored life insurance policies?

Whether you're ready to retire or just want to explore the possibility of retirement, EASE@Work can provide you with advice, direction, resources and understanding about this new phase of your life.

To talk with an EASE@Work Retirement Coach, call us at  
800/521-3273 or 216/241-3273, or fill out an online request at  
[www.easeatwork.com/EASEy](http://www.easeatwork.com/EASEy), using your company ID and password

